

# Homespun Community Dancing



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## SCHEDULING GUIDELINES

There are many options for our residency visit. You may need us to see each student once, or you may target one or more grades for multiple visits. Being able to see students more than once helps reinforce the new skills -- we recommend 3 or more sessions.

Most schools use the physical education schedule as a guide, and the gym as the location. Many schools involve music teachers, since music and phys ed teachers both use traditional dance in their curricula.

**VERY IMPORTANT!!!** *Start the schedule-making as early as possible. Occasionally, changes must be made after we receive your draft. Please email us a working copy of the schedule as soon as available but not later than 3 weeks before our arrival.*

We have led hundreds of successful school programs with different types of schedules. We have found that the following guidelines work best:

### Making the Schedule

- Maximum of 5 sessions per day (half-day maximum is 3 sessions).
- Five minute breaks between sessions.
- Preferred length of sessions:
  - 30-35 minutes for Kindergarten and 1st grades.
  - 40-50 minutes for 2nd and 3rd grades.
  - 45-55 minutes for 4th grade and above.
- Two classes at a time – same grade level is ideal.
- In a multi-day residency, it's best to keep the same classes attending workshop sessions together each day.
- If possible, arrange for one or two parent volunteers for every class present. This is especially useful for younger students. Assistance from teachers and parents helps in the logistics of the dance formation.
- Approximately one hour for lunch.
- No PE, band classes or lunchroom noise from adjoining spaces.